

*Passionate about igniting courageous and curious leadership for a kinder, more connected and change ready world.*

Alison Lalieu is an experienced Executive NeuroCoach, Advanced Emotional Intelligence (EQ) Practitioner and Certified Dare to Lead™ Facilitator who specializes in Change Leadership.

Alison uses her powerful blend of credentials to develop emotionally intelligent, transformational leaders who are skilled in the art and neuroscience of conversation, who nurture safe, brave cultures in an innovative, creative, engaging and fun way.

Since authoring a global EQ Report with Six Seconds, the Survey of Emotional Intelligence: Leading Through Change (SEI LTC) and Change Leadership Online (CLO), Alison is one of the most sought after Change Leadership content matter experts around the world.

As the CEO of [UBalancer Solutions](#), Alison leads a community of highly accredited Executive Coaches, all skilled in Brain Based and EQ Coaching. Together they work to design and deliver innovative, transformational change leadership programs for a diverse and high profile range of clients across Australia and New Zealand.

As an APAC Preferred Partner of the global EQ Network, Six Seconds, Alison collaborates extensively with a wide range of change makers across the world in the field of EQ. Her deep passion and interest in change has led to invitations to speak at events, facilitate training and support the design of successful change initiatives.

In 2019 Alison was trained by Dr Brené Brown to be one of her global Certified Dare to Lead™ Facilitators. This lens brings to life the work and research of Brené in a way that powerfully highlights the courage building skillsets needed for leaders to grow braver cultures, and navigate the tough conversations that will need to happen for their organizations to thrive in the next five (5) years.

Alison strives to ignite transformational leadership, one conversation at a time. Whether mentoring students or coaching C-suite leaders, she is known for bringing her wholehearted and caring authentic self to every interaction.

She has shared her deep interest in growing highly emotionally intelligence leaders and cultures through facilitation, training and keynote speaking in several countries, including South Korea, South Africa, United Kingdom, New Zealand, Singapore, Mexico City, Thailand, the United Arab Emirates and across her home country, Australia.

Alison lives on the Sunshine Coast, Queensland, Australia.



Alison Lalieu

## QUALIFICATIONS

- Certified Dare to Lead™ Facilitator; *Dr Brené Brown*
- Advanced Emotional Intelligence Practitioner & Preferred Partner; *Six Seconds*
- Conversational Intelligence Practitioner®; *WBCECS Creating WE Institute*
- Associate Certified Coach (ACC); *International Coaching Federation (ICF)*
- Brain-based Coach; *NeuroLeadership Institute NLI*
- Master of Counselling; *QUT*
- BSC Physiotherapy; *WITS University*

## ACCOLADES

- Author of the Six Seconds Emotional Intelligence report: Leading Through Change (SEI LTC)
- Author of Change Leadership Online (CLO)
- Co-Author of *Leadershift* Essentials eBook

## CLIENTS

The Dept of the Prime Minister & Cabinet  
Dept. of Environment & Science, QLD Gov't  
Strike Fuels  
Air New Zealand  
Powerlink Queensland  
McNab Construction  
Apollo Property Group  
MercerBell  
Dissh Boutiques  
Smartline  
Champ Group  
Villa World  
Maven Dental Group  
Metagenics Inc.  
Ray White  
Surf Life Saving Australia